

FIBRE SUPPLEMENTATION MADE SIMPLE



For the Dietary
Management of bowel
transit disorders

HyFIBER[®]
Liquid Fibre with FOS

12 grams of soluble
fibre per 30ml



HyFIBER is a water thin, liquid high fibre supplement with fructooligosaccharides (FOS) that contains 12g soluble fibre in each 30ml sachet.

Designed for the dietary management of bowel transit disorders and presented in a mild citrus flavour, HyFIBER is ready to use and can be administered via an enteral feeding tube, or taken orally. In short, it's fibre supplementation made simple!



A 16 year old gastrostomy fed boy with poor feed tolerance was put onto a high energy peptide feed, but suffered with severe constipation and intermittent diarrhoea. No peptide feed is available with fibre therefore we tried HyFIBER and mum now titrates the dose depending on his bowel motions. He now no longer needs laxatives.

I have a haemodialysis patient on one sachet of HyFIBER a day and her bowels now open normally. She has suffered from chronic constipation for years and this is the only thing that has helped her.

UK Nutrition Professional Feedback

Why choose liquid HyFIBER for your patients?

HyFIBER has a number of key benefits to consider when managing your patients' bowel transit disorders...



12g soluble fibre in each sachet

This enables the user to easily meet their recommended daily intake of fibre, whilst being enterally tube fed or eating orally



Ready-to-use liquid

No pre-mixing is required. HyFIBER can be taken neat, mixed easily into other foods or drinks, or administered down an enteral feeding tube without the risk of tube blockage



30ml sachet size

Ideal for patients on fluid restricted diets, or those who struggle with larger volumes of fluid or supplements



Contains FOS

Fructooligosaccharides bypass the small intestine, reaching the large intestine intact and forming short chain fatty acids which help to promote a healthy bowel



Available in an easy to drink mild citrus flavour

HyFIBER tastes good, which aids compliance and makes oral consumption easier for the patient

Visit www.nutrinovo.com for ordering details or to request a **FREE** HyFIBER sample pack

How to Use HyFIBER®?

HyFIBER is a ready to use liquid for administration via an enteral feeding tube. HyFIBER can also be taken orally or mixed into hot or cold foods and drinks.

Enteral Tube Feeding

Flush feeding tube with 30ml of water. Infuse HyFIBER via an enteral feeding tube using a syringe. Once infused, flush tube with 30ml water and then continue enteral tube feeding as prescribed.

Dosage

It is recommended that the addition of HyFIBER to the diet should be gradually increased to meet individual requirements. As a guide:

Week 1: Discontinue any other fibre products. Give 1 sachet of HyFIBER (30ml) (either neat or mixed into a drink of choice) once per day

Week 2: Discontinue any laxative or stool softeners. Increase dosage of HyFIBER to 1 sachet being given twice per day

Week 3: Maintain dosage of 1 sachet twice per day or decrease to 1 sachet once per day as required

Product Composition

Composition	Amount per serving (30ml)	Amount per 100ml
Calories	36 kcal 145 kJ	119 kcal 484 kJ
Fat	0 g	0 g
<i>of which saturates</i>	0 g	0 g
Carbohydrates	3.1 g	10.4 g
<i>of which sugars</i>	3.1 g	10.4 g
Fibre	12g	39 g
Protein	0 g	0 g
Minerals		
Salt	0.01 g	0.02 g
Sodium	2.77 mg (0.12 mmol)	9.22 mg (0.4 mmol)
Potassium	6.13 mg (0.16 mmol)	20.44 mg (0.52 mmol)
Phosphorus	0 mg	0 mg
Calcium	0 mg	0 mg

Osmolality = 330 mOsm/kg water

Ingredients

Water, Polydextrose, Fructooligosaccharides (FOS), Glycerin, Citric Acid, Potassium Sorbate.

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