

## Description

HyFIBER is a Food for Special Medical Purposes for use under medical supervision. HyFIBER is a low volume liquid high fibre supplement with Fructooligosaccharides (FOS) that contains 12g soluble fibre per 30ml. HyFIBER is suitable for the dietary management of bowel transit disorders in tube fed patients. HyFIBER is ready to use and can be administered via an enteral feeding tube, or taken orally.

## Presentation & Pack Size

Available in 100 x 30ml sachets or 2 x 887ml bottles.

## Flavours

HyFIBER is available in mild citrus flavour.

## Indications

For the dietary management of bowel transit disorders in tube fed patients.

## Precautions & Contra-indications

Must be used under strict medical supervision. For enteral or oral use only. Not suitable as a sole source of nutrition. Not recommended for children under 3 years of age.

## Administration, Dosage & Directions for use

HyFIBER should be administered by a clinician or dietitian. Dosage is dependent on the age and medical condition of the patient. HyFIBER is a ready to use liquid for administration via an enteral feeding tube. HyFIBER can also be taken orally or mixed into hot or cold foods and drinks.

**Dosage** – It is recommended that the addition of HyFIBER to the diet should be gradually increased to meet individual requirements. Start with 30ml per day for one week, increase to 60ml a day in split doses if required. Bowel medication may need to be adjusted as the dose of HyFIBER is increased.

**Enteral Tube Feeding** – Flush feeding tube. Administer 30ml of HYFIBER via enteral feeding tube using a suitable enteral syringe. Once infused, flush tube and then continue enteral tube feeding as prescribed.

## Shelf Life & Storage

HyFIBER has a shelf life of 24 months from date of manufacture. Store unopened at room temperature (not exceeding 25°C).

**Sachets:** Once opened use immediately.

**Bottles:** Once opened, make a note of the date on the label. Discard three months after opening.

## Ingredients

Water, Polydextrose, Fructooligosaccharides (FOS), Glycerin, Citric Acid, Potassium Sorbate.

## Allergen Statement

HyFIBER is lactose & gluten free.

## Product Composition

Composition	Amount per serving (30ml)	Amount per 100ml
Energy	36 kcal 145 kJ	119 kcal 484 kJ
Fat	0 g	0 g
<i>of which saturates</i>	0 g	0 g
Carbohydrates	3.1 g	10.4 g
<i>of which sugars</i>	3.1 g	10.4 g
Fibre	12g	39 g
Protein	0 g	0 g
<b>Minerals</b>		
Salt	0.01 g	0.02 g
Sodium	2.77 mg (0.12 mmol)	9.22 mg (0.4 mmol)
Potassium	6.13 mg (0.16 mmol)	20.44 mg (0.52 mmol)
Phosphorus	0 mg	0 mg
Calcium	0 mg	0 mg

Osmolality = 330 mOsm/kg water



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