

Description

ProSource Liquid is a Food for Special Medical Purposes for use under medical supervision. ProSource Liquid is a low volume, high protein (10g / 30ml), 3.3 kcal/ml, low electrolyte, ready to use supplement suitable for patients with increased protein & calorie requirements. ProSource Liquid contains all essential and non-essential amino acids. ProSource Liquid can be taken orally, administered with a tube feed, or added directly to a patients meal, drink or sip feed; and its low volume makes it suitable for patients requiring a fluid restricted diet.

Presentation & Pack Size

Presented in 30ml sachets. Available in packs of 100 x 30ml sachets. Prescribing unit 100 x 30ml sachets.

Flavours

ProSource Liquid is available in 3 flavour variants: Original, Orange Crème and Citrus Berry.

Indications

For the dietary management of conditions requiring supplementation with protein. ProSource Liquid is ACBS approved and prescribable on FP10/GP10 for the following indications: Hypoproteinaemia

Precautions & Contra-indications

Must be used under strict medical supervision. For enteral use only. Not suitable as a sole source of nutrition. Not recommended for children under 3 years of age. May not be suitable for vegetarians and other groups due to processing of some of the ingredients. Contains porcine derivatives.

Administration & Dosage

ProSource Liquid should be administered by a clinician or dietitian. Dosage is dependent on the age, body weight and medical condition of the patient.

Shelf Life & Storage

ProSource Liquid has a shelf life of 18 months from date of manufacture. Store unopened at room temperature (not exceeding 25°C). Once opened, consume immediately.

Directions for use

ProSource Liquid is a ready to use liquid and can be added without the need for pre-mixing, directly into hot or cold foods, drinks, supplements. ProSource Liquid can be administered with enteral tube feeds.

Drinks & Supplements – add 1 sachet directly to hot / cold drinks or supplements, stir in gently and consume.

Food – add 1 sachet directly to hot / cold food, stir in gently and consume.

Enteral Tube Feeding – Flush feeding tube. Mix 1 sachet of ProSource Liquid with 30ml of water, stir and infuse via enteral feeding tube using an enteral syringe. Once infused, flush tube with 30ml water and then continue enteral tube feeding as prescribed.

Ingredients

Original – Purified Water, Protein from Collagen Hydrolysate and Whey Protein Isolate, Maltodextrin, Sugar, Phosphoric Acid, Tartaric Acid, Natural Vanilla Flavour, L-Tryptophan, Preservatives: Potassium Sorbate, Sodium Benzoate.

Orange Crème – Purified Water, Protein from Collagen Hydrolysate and Whey Protein Isolate, Maltodextrin, Sugar, Natural Flavours, Citric Acid, Malic Acid, L-Tryptophan, Flavourings (vanillin & ethyl vanillin), Colour (E110), Preservatives: Potassium Sorbate and Sodium Benzoate. E110 may have an adverse effect on activity and attention in children.

Citrus Berry – Purified Water, Protein from Collagen Hydrolysate and Whey Protein Isolate, Maltodextrin, Sugar, Natural Flavours, Citric Acid, Malic Acid, L-Tryptophan, Colour (E129), Preservatives: Potassium Sorbate and Sodium Benzoate. E129 may have an adverse effect on activity and attention in children.

Allergen Statement

ProSource Liquid is lactose & gluten free. Contains milk.

Product Composition

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Composition	Amount per serving (30ml)	Amount per 100ml	
Energy	100 Kcal 420 kJ	333 kcal 1400 kJ	
Fat	0g	<1g	
Carbohydrates of which sugars	15g 8g	50g 26.7g	
Fibre	0g	<1g	
Protein	10g	33.3g	
Minerals (Original, Orange Crème and Citrus Berry)			
Sodium	28mg (1.23 mmol)	93mg (4.1 mmol)	
Potassium	12mg (0.3 mmol)	40mg (1.0 mmol)	
Phosphorus	81 / 1*mg (2.61/0.03* mmol)	270 / 3*mg (8.7/0.1* mmol)	
Osmolality = 650 mO	sm/kg water		

^{* =} Orange Crème and Citrus Berry Variants

Amino Acid Profile

Composition	Amount per serving (30ml)	Amount per 100ml
Essential		
Histidine	0.090g	0.300g
Isoleucine	0.130g	0.433g
Leucine	0.270g	0.900g
Lysine	0.350g	1.167g
Methionine	0.097g	0.323g
Phenylalanine	0.172g	0.573g
Threonine	0.200g	0.666g
Tryptophan	0.070g	0.233g
Valine	0.230g	0.767g
Conditionally Essen	ntial	
Ariginine	0.810g	2.700g
Cystine	0.002g	0.006g
Glutamic Acid	1.050g	3.500g
Glycine	2.450g	8.167g
Proline	1.440g	4.800g
Tyrosine	0.066g	0.220g
Non Essential		PRC Source
Alanine	0.890g	2.967g
Aspartic Acid	0.470g	1.567g 1.567g
Serine	0.360g	1.200g

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