

# Description

ProSource 20 is a Food for Special Medical Purposes for use under medical supervision. ProSource 20 is a low volume, high protein (20g / 60ml), low electrolyte, ready to use liquid supplement suitable for patients with increased protein requirements. ProSource 20 contains all essential & non essential amino acids. ProSource 20 has a consistency similar to water and can be taken orally or administered via an enteral feeding tube. ProSource 20 is Halal certified.

### Presentation & Pack Size

Presented in 60ml foil lid sealed cups. Available in packs of 36 x 60ml foil lid sealed cups.

### Flavours

ProSource 20 is available in Red Berry flavour.

# Indications

For the dietary management of hypoproteinaemia.

## Precautions & Contra-indications

Must be used under strict medical supervision. For enteral use only. Not suitable as a sole source of nutrition. Not recommended for children under 3 years of age. May not be suitable for vegetarians and other groups due to processing of some of the ingredients. CONTAINS BEEF DERIVATIVES.

## Dosage

The dosage of ProSource 20 should be determined by a clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

# **Directions for Use**

ProSource 20 is a ready-to-use liquid and can be taken orally or administered via an enteral feeding tube without the need for pre-mixing. Shake before use.

**Oral Use** – ProSource 20 can be taken straight from the cup, or added to hot or cold, foods or drinks, if preferred.

Enteral Tube Feeding – Flush feeding tube. Administer ProSource 20 via an enteral feeding syringe. Once administered, flush tube and then continue enteral tube feeding as prescribed.

# Shelf Life & Storage

ProSource 20 has a shelf life of 18 months from date of manufacture. Store unopened at room temperature (not exceeding 25°C). Once opened, consume immediately.

### Ingredients

Purified Water, Protein from Hydrolysed Collagen (Bovine) and Whey Isolate (milk), Amino Acids (L-Leucine, L-Phenylalanine, L-Valine, L-Isoleucine, L-Lysine, L-Methionine, L-Tryptophan, L-Histidine, L-Threonine), Natural Flavours, Citric Acid, Malic Acid, Lactic Acid, Sucralose, Preservatives: Potassium Sorbate and Sodium Benzoate.

### Allergen Statement

ProSource 20 is gluten free. Contains milk.

### **Recycling Instructions**

ProSource 20 cups and foil lids are both widely recyclable. For further details see: nutrinovo.com/sustainability

# **Product Composition**

Composition	Amount per serving (60ml)	Amount per 100ml	
Energy	90kcal 377kJ	150kcal 628kJ	
Fat of which saturates	0g 0g	0g 0g	
Carbohydrates of which sugars	2g 0g	3.33g Og	
Fibre	0g	0g	
Protein	20g	33.3g	
Minerals			
Sodium	75mg (3.26mmol)	125mg (5.43mmol)	
Potassium	25mg (0.64mmol)	41.7mg (1.07mmol)	
Phosphorus	0mg	0mg	
Calcium	2mg (0.05mmol)	3.3mg (0.08mmol)	
Osmolality = 652 mOsm/kg water			

# Amino Acid Profile

Composition	Amount per serving (60ml)	Amount per 100ml
Essential		
Histidine	0.28g	0.47g
Isoleucine	0.50g	0.83g
Leucine	1.22g	2.03g
Lysine	0.88g	1.47g
Methionine & Cysteine	0.30g	0.50g
Phenylalanine & Tyrosine	0.72g	1.20g
Threonine	0.44g	0.73g
Tryptophan	0.12g	0.20g
Valine	0.68g	1.13g
Conditionally Essential		
Ariginine	1.52g	2.53g
Glutamate	2.04g	3.40g
Glycine	4.90g	8.17g
Proline	2.78g	4.63g
Non Essential		
Alanine	1.88g	3.13g
Aspartate	1.08g	1.80g
Serine	0.66g	1.10g
Modified		
Hydroxylysine	0.28g	0.47g
Hydroxyproline	2.36g	3.93g



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