

Soup Recipe suggestion

Serves 1 (308kcal, 19g protein per serving)



Ingredients*

- 1 or 2 sachets of ProSource Plus Neutral
- 400ml tin of tomato soup
- Any additional toppings, such as cream or croutons

Note: Whilst tinned soup is a convenient option, fresh or frozen options work just as well!

Method

Step 1

Heat soup in either a microwave or on the hob – follow instructions stated by chosen product

Step 2

Pour soup into a bowl and pour over 1 or 2 sachets of ProSource – follow your health care professional's recommendation

Step 3

Stir in the ProSource

Step 4

Top with any additional toppings



Serving suggestion

* Allergens may be present, please check individual product and ingredients labels. If concerned about allergens please contact your healthcare professional.