

Description

ProSource Plus is a Food for Special Medical Purposes for use under medical supervision. ProSource Plus is a low volume, high protein (15g / 30ml), 3.3 kcal/ml, low electrolyte, ready to use supplement suitable for patients with increased protein & calorie requirements. ProSource Plus contains all essential and non-essential amino acids. ProSource Plus can be taken orally, administered with a tube feed, or added directly to a patient's meal, drink or sip feed; and its low volume makes it suitable for patients requiring a fluid restricted diet.

Presentation / Pack Size

Presented in 30ml sachets. Available in pack of 100 x 30ml or 50 x 30ml sachets. Prescribing unit is 100 x 30ml or 50 x 30ml sachets.

Flavours

ProSource Plus is available in 3 flavour variants: Neutral, Orange Crème, Citrus Berry

Indications

For the dietary management of conditions requiring supplementation with protein. ProSource Plus is ACBS approved and prescribable on FP10/GP10 for the following indications: Hypoproteinaemia

Precautions & Contra-indications

Must be used under strict medical supervision. For enteral use only. Not suitable as a sole source of nutrition. Not recommended for children under 3 years of age. May not be suitable for vegetarians and other groups due to processing of some of the ingredients. Contains porcine derivatives.

Administration & Dosage

ProSource Plus should be administered by a clinician or dietitian. Dosage is dependent on the age, body weight and medical condition of the patient.

Directions for use

ProSource Plus is a ready to use liquid and can be added without the need for pre-mixing, directly into hot or cold foods, drinks, supplements. ProSource Plus can be administered with enteral tube feeds.

Drinks & Supplements – add 1 sachet directly to hot / cold drinks or supplements, stir gently and consume.

Food – add 1 sachet directly to hot / cold food, stir in gently and consume.

Enteral Tube Feeding – Flush feeding tube. Mix 1 sachet of ProSource Plus with 30ml of water, stir and infuse via enteral feeding tube using an enteral syringe. Once infused, flush tube with 30ml water and then continue enteral tube feeding as prescribed.

Shelf Life & Storage

ProSource Plus has a shelf life of 18 months from date of manufacture. Store unopened at room temperature (not exceeding 25°C). Once opened, consume immediately.

Ingredients

Neutral - Protein from Hydrolysed Collagen and Whey Isolate, Purified Water, Sucrose, Phosphoric Acid, Tartaric acid, Natural Flavours, L-Tryptophan, Monosodium Phosphate, Preservatives: Potassium Sorbate and Sodium Benzoate

Orange Crème - Protein from Hydrolysed Collagen and Whey Isolate, Purified Water, Sucrose, Natural & Artificial Flavors, Citric Acid, Malic Acid, Phosphoric Acid, L-Tryptophan, Preservatives: Potassium Sorbate and Sodium Benzoate, Colour (E110). E110 may have an adverse effect on activity and attention in children.

Citrus Berry - Protein from Hydrolysed Collagen and Whey Isolate, Purified Water, Sucrose, Natural Flavors, Citric Acid, Malic Acid, Phosphoric Acid, L-Tryptophan, Preservatives: Potassium Sorbate and Sodium Benzoate, Colour (E129). E129 may have an adverse effect on activity and attention in children.

Allergen Statement

ProSource Plus is lactose & gluten free. Contains Milk.

Product Composition

Composition	Amount per serving (30ml)	Amount per 100ml
Energy	100 Kcal 420 kJ	333 kcal 1400 kJ
Fat	0g	<1g
Carbohydrates <i>of which sugars</i>	11g 10g (9g)*	36.7g 33.3g (30g)*
Fibre	0g	<1g
Protein	15g	50g
Minerals (Neutral)		
Sodium	42mg (1.83mmol)	140mg (6.08mmol)
Potassium	12mg (0.30mmol)	39.9mg (1.02mmol)
Phosphorus	123mg (3.96mmol)	409mg (13.19mmol)
Calcium	7 mg (0.17mmol)	23.31 (0.58mmol)
Minerals (Orange Crème)		
Sodium	31mg (1.34mmol)	103mg (4.48mmol)
Potassium	17mg (0.44mmol)	57mg (1.46mmol)
Phosphorus	57mg (1.84mmol)	190mg (6.13mmol)
Calcium	7mg (0.17mmol)	23.31mg (0.58mmol)
Minerals (Citrus Berry)		
Sodium	29mg (1.26mmol)	96mg (4.17mmol)
Potassium	17mg (0.44mmol)	57mg (1.46mmol)
Phosphorus	57mg (1.84mmol)	190mg (6.13mmol)
Calcium	7mg (0.17mmol)	23.31mg (0.58mmol)
<i>Osmolality = 600 mOsm/kg water</i>		
<i>*=Orange Crème & Citrus Berry Variants</i>		

Amino Acid Profile

Composition	Amount per serving (30ml)	Amount per 100ml
Essential		
Histidine	0.135g	0.450g
Isoleucine	0.180g	0.599g
Leucine	0.390g	1.299g
Lysine	0.495g	1.648g
Methionine & Cysteine	0.135g	0.450g
Phenylalanine & Tyrosine	0.330g	1.099g
Threonine	0.285g	0.949g
Tryptophan	0.075g	0.250g
Valine	0.330g	1.099g
Conditionally Essential		
Arginine	1.140g	3.796g
Glutamate	1.500g	4.995g
Glycine	3.465g	11.54g
Proline	2.040g	6.793g
Non Essential		
Alanine	1.245g	4.146g
Aspartate	0.675g	2.248g
Serine	0.510g	1.698g
Modified		
Hydroxylysine	0.225g	0.749g
Hydroxyproline	1.830g	6.094g



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