

## Description

ProSource Plus is a Food for Special Medical Purposes for use under medical supervision. ProSource Plus is a low volume, high protein (15g / 30ml), 3.3 kcal/ml, low electrolyte, ready to use supplement suitable for patients with increased protein & calorie requirements. ProSource Plus contains all essential and non-essential amino acids. ProSource Plus can be taken orally, administered with a tube feed, or added directly to a patient's meal, drink or sip feed; and its low volume makes it suitable for patients requiring a fluid restricted diet.

## Presentation / Pack Size

Available in 100 x 30ml or 50x 30ml sachets or 1 x 887ml bottles.

Prescribing unit is 100 x 30ml, 50 x 30ml or 1 x 887ml.

## Flavours

ProSource Plus is available in 3 flavour variants: Neutral, Orange Crème, Citrus Berry

## Indications

For the dietary management of conditions requiring supplementation with protein. ProSource Plus is ACBS approved and prescribable on FP10/GP10 for the following indications: Hypoproteinaemia

## Precautions & Contra-indications

Must be used under strict medical supervision. For enteral use only. Not suitable as a sole source of nutrition. Not recommended for children under 3 years of age. May not be suitable for vegetarians and other groups due to processing of some of the ingredients. Contains porcine derivatives.

## Administration & Dosage

ProSource Plus should be administered by a clinician or dietitian. Dosage is dependent on the age, body weight and medical condition of the patient.

## Directions for use

ProSource Plus is a ready to use liquid and can be taken orally or added without the need for pre-mixing directly into hot or cold foods, drinks, supplements. ProSource Plus can be administered with enteral tube feeds.

**Foods, drinks, supplements** – Add 1 x 30ml serving directly to hot/cold foods, drinks or supplements, stir in gently and consume.

**Enteral tube feeding** – Flush feeding tube. Mix 1 x 30ml serving of ProSource Plus with 30ml of water, stir and infuse via enteral feeding tube using a syringe. Once infused, flush tube and then continue enteral tube feeding as prescribed.

## Shelf Life & Storage

ProSource Plus has a shelf life of 18 months from date of manufacture. Store at room temperature (not exceeding 25°C).

**Sachets:** Once opened use immediately.

**Bottles:** Once opened, make a note of the date on the label. Discard three months after opening. Replace cap after each use.

## Ingredients

**Neutral** - Protein from Hydrolysed Collagen and Whey Isolate (**Milk**), Purified Water, Sucrose, Phosphoric Acid, Tartaric Acid, Natural Flavourings, L-Tryptophan, Monosodium Phosphate, Preservatives: Potassium Sorbate and Sodium Benzoate.

**Orange Crème** - Protein from Hydrolysed Collagen and Whey Isolate (**Milk**), Purified Water, Sucrose, Natural and Artificial Flavouring, Citric Acid, Malic Acid, Phosphoric Acid, L-Tryptophan, Preservatives: Potassium Sorbate and Sodium Benzoate, Colour (E110). **E110 may have an adverse effect on activity and attention in children.**

**Citrus Berry** - Protein from Hydrolysed Collagen and Whey Isolate (**Milk**), Purified Water, Sucrose, Natural Flavourings, Citric Acid, Malic Acid, Phosphoric Acid, L-Tryptophan, Preservatives: Potassium Sorbate and Sodium Benzoate, Colour (E129). **E129 may have an adverse effect on activity and attention in children.**

## Allergen Statement

ProSource Plus is lactose & gluten free. Contains Milk.

# Product Composition

Composition	Amount per serving (30ml)	Amount per 100ml
Energy	100 Kcal 420 kJ	333 kcal 1400 kJ
Protein	15g	50g
Carbohydrates <i>of which sugars</i>	11g 10g (9g)*	36.7g 33.3g (30g)*
Fat <i>of which saturates</i>	0g 0g	<1g 0g
Fibre	0g	<1g
<b>Minerals (Neutral)</b>		
Sodium	42mg (1.83mmol)	140mg (6.08mmol)
Potassium	12mg (0.30mmol)	39.9mg (1.02mmol)
Phosphorus	123mg (3.96mmol)	409mg (13.19mmol)
Calcium	7 mg (0.17mmol)	23.31 (0.58mmol)
<b>Minerals (Orange Crème)</b>		
Sodium	31mg (1.34mmol)	103mg (4.48mmol)
Potassium	17mg (0.44mmol)	57mg (1.46mmol)
Phosphorus	57mg (1.84mmol)	190mg (6.13mmol)
Calcium	7mg (0.17mmol)	23.31mg (0.58mmol)
<b>Minerals (Citrus Berry)</b>		
Sodium	29mg (1.26mmol)	96mg (4.17mmol)
Potassium	17mg (0.44mmol)	57mg (1.46mmol)
Phosphorus	57mg (1.84mmol)	190mg (6.13mmol)
Calcium	7mg (0.17mmol)	23.31mg (0.58mmol)
<i>Osmolality = 600 mOsm/kg water</i>		
*=-Orange Crème & Citrus Berry Variants		

# Amino Acid Profile

Composition	Amount per serving (30ml)	Amount per 100ml
<b>Essential</b>		
Histidine	0.135g	0.450g
Isoleucine	0.180g	0.599g
Leucine	0.390g	1.299g
Lysine	0.495g	1.648g
Methionine & Cysteine	0.135g	0.450g
Phenylalanine & Tyrosine	0.330g	1.099g
Threonine	0.285g	0.949g
Tryptophan	0.075g	0.250g
Valine	0.330g	1.099g
<b>Conditionally Essential</b>		
Arginine	1.140g	3.796g
Glutamate	1.500g	4.995g
Glycine	3.465g	11.54g
Proline	2.040g	6.793g
<b>Non Essential</b>		
Alanine	1.245g	4.146g
Aspartate	0.675g	2.248g
Serine	0.510g	1.698g
<b>Modified</b>		
Hydroxylysine	0.225g	0.749g
Hydroxyproline	1.830g	6.094g



**nutrinovo**

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